

## YOUTH LEADERSHIP EXPEDITION OPEN ENROLMENT PROGRAM AGE: 15-17

### LEARNING OUTCOMES

<b>Personal Development Outcomes</b>	<b>Leadership</b>	Ability of making thoughtful decisions about the team's mission and goals, and properly allocate resources to achieve those directives. Valuable leadership skills include i.e. the ability to delegate, inspire and communicate effectively.
	<b>Confident Communicators</b>	The program will build opportunities for young leaders to find their voice, through soft skill workshops and experiences that intentionally build communication skills including public speaking and mock interviews.
<b>Team Development Outcomes</b>	<b>Decision Making</b>	The ability to make a logical choice from possible alternatives in order to arrive at a solution for a given problem. While decision making will be at a team level, there are valuable lessons in choices and decision making for individuals that can be transferred to later situations.

The Outward Bound course is an Open enrolment, 8 days journey-style experience for youth. This is an extended and engaging course preparing youth for their future, and for many people it may be a long-lasting and meaningful event that helps with transition and future decisions.

All the course activities will be conducted in a group. Challenging the students as a group will provide them a lot of chances for social interaction and development of their communication skills. The learning process will include reflection on social behaviours within the group, and their influence on others. Teenagers will be engaged in activities, which would challenge as a team, but also on a personal level. Those would be thought provoking experiences through which the students can identify their strengths, weaknesses and recognize their positive behaviours.

### SAMPLE PROGRAM



	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Icebreakers Intro. to OB	Kayak Skills	Expedition Kayaking	Kayaking Fishing Skills Explore local fishing cultures / farms	Jungle Trekking	Public Speaking Activity Service Learning Initiatives	Beach Trek	Final Beach Run Transfer & Action Plans Cleaning & Showers
Lunch	Canteen	Canteen	Packed Lunch	Packed Lunch	Packed Lunch	Packed Lunch	Packed Lunch	
Afternoon	High Ropes Navigation Planning Swim	Depart for Kayak Journey	Environmental Learning Project: Micro- Plastic Analysis	Kayaking Changeover to Land	Jungle Trekking	Abseiling Solo	Bouldering / Caving	Travel Home
Dinner	Canteen	Campsite	Campsite	Canteen	Canteen	Canteen	Canteen	
Evening	Expedition Preparation Route Planning	Campcraft Cooking	Star-Charts	Evening Group Work	Soft Skill Workshops	Evening Group Work	Final Review	
Sleeping	Dorms	Camping	Camping near Beach	Dorms	Dorm	Dorm	Dorm	



## SOME ACTIVITIES

